

GOAL-PLAN-DO-REVIEW WORKSHEET

Name	Grade	Date
------	-------	------

Use this worksheet to create a step-by-step plan to meet a goal and review the outcome.



GOAL

What do I want to accomplish? Why?



PLAN

How will I reach my goal? What steps do I need to take?

1.

2.

3.

4.

5.

What materials and support do I need to reach my goal?

1.

2.

3.

PREDICTION: How long will it take for me to reach my goal?

Will I need a Plan B?

Yes

No



DO THE PLAN

Plan complete



REVIEW

How long did it take for me to reach my goal?

How much did I get done? Did I get it done on time?

What worked?

What will I try differently next time (Plan B)?

GOAL-PLAN-DO-REVIEW WORKSHEET

Name	Grade	Date
Rozy and Toria	3rd and 1st	Saturday

Use this worksheet to create a step-by-step plan to meet a goal and review the outcome.



GOAL

What do I want to accomplish? Why?

Get all ready for school fast each morning so dad can cook a nice breakfast and we can eat and watch a show before school.



PLAN

How will I reach my goal? What steps do I need to take?

- ✓ 1. Make a list of all the things we have to do to be ready for school.
- ✓ 2. Put the list of things to do in the best order
- ✓ 3. Dekrate the list for fun
- ✓ 4. In the morning, dad gives us our list and we follow it and he maks breakfast
- ✓ 5. When we are washed up, dresed, beds made, backpacks ready and at the door, watch show and eat creps!

What materials and support do I need to reach my goal?

- ✓ 1. Paper for lists
- ✓ 2. Markers, stikers, glitter to dekrate the list
- 3.

PREDICTION: How long will it take for me to reach my goal? 20 minits to be reddy for school and 30 minits to watch a show and eat breakfast

Will I need a Plan B?

Yes ✓ No



DO THE PLAN

✓ Plan complete



REVIEW

How long did it take for me to reach my goal?

30 minits to be reddy for school and 20 minits to watch a show and eat breakfast

How much did I get done? Did I get it done on time?

We got everthing done fast and had a great breakfast and watched our favrite show.

What worked?

It was great! Dad was happy that he had time to cook and he didn't get upset about being late for work agen.

What will I try differently next time (Plan B)?

We wouldn't change things.

GOAL-PLAN-DO-REVIEW WORKSHEET

Name Rozy and Toria	Grade 3rd and 1st	Date Saturday
-------------------------------	-----------------------------	-------------------------

Use this worksheet to create a step-by-step plan to meet a goal and review the outcome.



GOAL

What do I want to accomplish? Why?

Clean our room. We are not allowed to go play until the room is clean.



PLAN

How will I reach my goal? What steps do I need to take?

- ✓ 1. Go to store and get boxes that fit under the bed
- ✓ 2. Put Toys in boxes: one for dolls, one for doll things, and one for doll cloths
- ✓ 3. Dekrate the boxes with stickers, and other fun things
- ✓ 4. Put boxes under beds
- ✓ 5. Make beds.

What materials and support do I need to reach my goal?

- ✓ 1. Boxes
- ✓ 2. Stick on labels
- ✓ 3. Art stuff (markers, stickers, glitter)

PREDICTION: How long will it take for me to reach my goal? 2 hours for trip to store and lunch + 2 hours to play and put toys in boxes

Will I need a Plan B?

Yes ✓ No



DO THE PLAN

✓ Plan complete



REVIEW

How long did it take for me to reach my goal?

3 hours

How much did I get done? Did I get it done on time?

We cleaned the room. We liked playing with all of the dolls and Toys so it took longer but it was fun so it was okay.

What worked?

The boxes were fun to decorate and made it easy to sort things and make the room look neat.

What will I try differently next time (Plan B)?

It worked good. We wouldn't change things.

GOAL-PLAN-DO-REVIEW WORKSHEET

Name	Grade	Date
Jamar Selmon	6th	09/10/2021

Use this worksheet to create a step-by-step plan to meet a goal and review the outcome.



GOAL

What do I want to accomplish? Why?

I want to have more friends. My best friend moved away over the summer and most of my friends from elementary school go to a different middle school than me.



PLAN

How will I reach my goal? What steps do I need to take?

- ✓ 1. There are a bunch of nice kids in my class who play games together online. One of them asked me to play sometime. I think I could ask one of them to hang out after school.
- ✓ 2. The teacher reminded us of the after school clubs and told us we could start are own club if we find at least one other person to join. I might start a fish club since I have a saltwater aquarium.
- ✓ 3. I am pretty good at chess so will start with checking out the chess club, then maybe try to ski club this winter.
- ✓ 4. I missed cross country this fall but will try out for track this spring.
- ✓ 5. Once I make some friends, I will ask my parents if I could have some kids over for a bonfire and sleepover.

What materials and support do I need to reach my goal?

- ✓ 1. I need to talk my parents into a new PS4 and some credits so I can get some cool skins for gaming.
- ✓ 2. Courage. Talking to new people makes me nervous and what if they laugh at me
- ✓ 3. The clubs cost money so will ask my parents to help by giving me some money.

PREDICTION: How long will it take for me to reach my goal? ? I have no idea but hopefully not long

Will I need a Plan B?

✓ Yes No



DO THE PLAN

✓ Plan complete



REVIEW

How long did it take for me to reach my goal?

3 weeks

How much did I get done? Did I get it done on time?

It worked. I made two new friends that came over to my house and was invited to a birthday party for a kid in my gaming group.

What worked?

Trying new things and putting myself out there

What will I try differently next time (Plan B)?

I'm getting the laser cannon so I can beat Justin next time we game

GOAL-PLAN-DO-REVIEW WORKSHEET

Name	Grade	Date
Caleb Gray	7th	04/13/2021

Use this worksheet to create a step-by-step plan to meet a goal and review the outcome.



GOAL

What do I want to accomplish? Why?

Finish today's 3 homework assignments. Keep my grades up so Dad will let me go dirt-biking this weekend.



PLAN

How will I reach my goal? What steps do I need to take?

- ✓ 1. Write down my assignments. 1. Math problems (20 min) 2. Social Studies Ch. + Qs (20 min +10 min) 3. Art project—sketch chair (15 min)
- ✓ 2. Break them down into steps
- ✓ 3. Guess amount of time to finish each one
- ✓ 4. Put in backpack when finished (so I don't forget it)
- 5.

What materials and support do I need to reach my goal?

- ✓ 1. Do in quiet room, no TV or sister to distract me
- ✓ 2. Need math book, social studies book + paper, sketch pad, pencil
- ✓ 3. Timer on phone

PREDICTION: How long will it take for me to reach my goal? 65 min

Will I need a Plan B?

Yes ✓ No



DO THE PLAN

✓ Plan complete



REVIEW

How long did it take for me to reach my goal?

(75 min) Math—18 min. SS—read 25 min. Q's—17 min. Art—15 min.

How much did I get done? Did I get it done on time?

Got it all done but it took longer

What worked?

Being in quiet room helped, away from distractions. Timer helped me to stay on track, but it also made me nervous.

What will I try differently next time (Plan B)?

Maybe do art project in between Math + SS—my brain hurt after doing both. Give myself more time.

GOAL-PLAN-DO-REVIEW WORKSHEET

Name Jonathan Schwartz	Grade 7th	Date 09/05/2021
----------------------------------	---------------------	---------------------------

Use this worksheet to create a step-by-step plan to meet a goal and review the outcome.



GOAL

What do I want to accomplish? Why?

I would like to make the 7th Grade boys basketball team. I want to do this because I love basketball and think it would be a good way to spend time with my friends who are also trying out for the team.



PLAN

How will I reach my goal? What steps do I need to take?

- ✓ 1. Get parent permission form signed and sign up for the tryouts.
- ✓ 2. I need to improve my free throw shooting.
- ✓ 3. I need to improve my defensive skills and rebounding.
- ✓ 4. I need to improve my jump shot.
- ✓ 5. I need to get into better shape

What materials and support do I need to reach my goal?

- ✓ 1. Ask parents for a rebounding bounce back net so I can get more shooting in when I practice
- ✓ 2. I need to shoot at least 50 free throws a day
- ✓ 3. I need to start running (long distance and sprints) My goal is to be able to run 2 miles in 12 minutes and increase my sprinting speed.

PREDICTION: How long will it take for me to reach my goal? 60 minutes a day at least 6 days a week

Will I need a Plan B?

Yes ✓ No



DO THE PLAN

✓ Plan complete



REVIEW

How long did it take for me to reach my goal?

as expected

How much did I get done? Did I get it done on time?

I was able to make my goal about 90% of the time but sometimes I had to do my homework instead. :(

What worked?

I made the team. Now I want to be a starter!

What will I try differently next time (Plan B)?

Practice my 3 point shot :)

GOAL-PLAN-DO-REVIEW WORKSHEET

Name	Grade	Date
Addison Brown	10th	10/27/2021

Use this worksheet to create a step-by-step plan to meet a goal and review the outcome.



GOAL

What do I want to accomplish? Why?

I want to get a 90% or higher on my Geometry final next week. I didn't do well on the last test and need an A on this one to get a B for my overall first quarter grade.



PLAN

How will I reach my goal? What steps do I need to take?

- ✓ 1. I need to study for at least 30 minutes every day until the exam
- ✓ 2. I will go to my teacher's classroom at least twice to work on practice items for the test
- ✓ 3. I will go to the teacher's test review session the day before the exam
- ✓ 4. I will use my study hall time to go to the math lab at least twice to work with the student mentors.
- 5.

What materials and support do I need to reach my goal?

- ✓ 1. Dedication because I really don't like geometry at all
- ✓ 2. Extra practice items from the teacher
- ✓ 3. Confidence that I can do this stuff :)

PREDICTION: How long will it take for me to reach my goal? 7-8 hours

Will I need a Plan B?

Yes ✓ No



DO THE PLAN

✓ Plan complete



REVIEW

How long did it take for me to reach my goal?

7 hours

How much did I get done? Did I get it done on time?

I missed going to one of the math labs because I had to finish an English paper

What worked?

What worked? The plan worked. I got a 89 on the test and the teacher curved it up to an 92. I can't believe Allison got a 97! :(

What will I try differently next time (Plan B)?

I was pretty happy with the results. I just need to remember what it took to do well this time.