

# GOAL-PLAN-DO-REVIEWWORKSHEET

Name	Grade	Date
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Use this worksheet to create a step-by-step plan to meet a goal and review the outcome.



## GOAL

What do I want to accomplish? Why?



## PLAN

How will I reach my goal? What steps do I need to take?

1.

2.

3.

4.

5.

What materials and support do I need to reach my goal?

1.

2.

3.

**PREDICTION:** How long will it take for me to reach my goal?

**Will I need a Plan B?**

Yes

No



## DO THE PLAN

Plan complete



## REVIEW

How long did it take for me to reach my goal?

How much did I get done? Did I get it done on time?

What worked?

What will I try differently next time (Plan B)?

# GOAL-PLAN-DO-REVIEWWORKSHEET

Name	Grade	Date
Rozzy and Toria	3rd and 1st	Saturday

Use this worksheet to create a step-by-step plan to meet a goal and review the outcome.



## GOAL

What do I want to accomplish? Why?

Get all ready for school fast each morning so dad can cook a nice breakfast and we can eat and watch a show before school.



## PLAN

How will I reach my goal? What steps do I need to take?

- ✓ 1. Make a list of all the things we have to do to be ready for school.
- ✓ 2. Put the list of things to do in the best order
- ✓ 3. Dekrate the list for fun
- ✓ 4. In the morning, dad gives us our list and we follow it and he maks breakfast
- ✓ 5. When we are washed up, dresed, beds made, backpacks ready and at the door, watch show and eat creps!

What materials and support do I need to reach my goal?

- ✓ 1. Paper for lists
- ✓ 2. Markers, stikers, glitter to dekrate the list

☐ 3.

**PREDICTION:** How long will it take for me to reach my goal?

20 minits to be reddy for school and 30 minits to watch a show and eat breakfast

Will I need a Plan B?

☐ Yes    ✓ No



## DO THE PLAN

✓ Plan complete



## REVIEW

**How long did it take for me to reach my goal?**

30 minits to be reddy for school and 20 minits to watch a show and eat breakfast

**How much did I get done? Did I get it done on time?**

We got everthing done fast and had a great breakfast and watched our favrite show.

**What worked?**

It was great! Dad was happy that he had time to cook and he didn't get upset about being late for work agen.

**What will I try differently next time (Plan B)?**

We wouldn't change things.

# GOAL-PLAN-DO-REVIEWWORKSHEET

Name	Grade	Date
Roxy and Toria	3rd and 1st	Saturday

Use this worksheet to create a step-by-step plan to meet a goal and review the outcome.



## GOAL

What do I want to accomplish? Why?

Clean our room. We are not allowed to go play until the room is clean.



## PLAN

How will I reach my goal? What steps do I need to take?

- ✓ 1. Go to store and get boxes that fit under the bed
- ✓ 2. Put Toys in boxes: one for dolls, one for doll things, and one for doll cloths
- ✓ 3. Dekrate the boxes with stickers, and other fun things
- ✓ 4. Put boxes under beds
- ✓ 5. Make beds.

What materials and support do I need to reach my goal?

- ✓ 1. Boxes
- ✓ 2. Stick on labels
- ✓ 3. Art stuff (markers, stickers, glitter)

**PREDICTION:** How long will it take for me to reach my goal?

2 hours for trip to store and lunch + 2 hours to play and put toys in boxes

Will I need a Plan B?

☐ Yes    ✓ No



## DO THE PLAN

✓ Plan complete



## REVIEW

**How long did it take for me to reach my goal?**

3 hours

**How much did I get done? Did I get it done on time?**

We cleaned the room. We liked playing with all of the dolls and Toys so it took longer but it was fun so it was okay.

**What worked?**

The boxes were fun to decorate and made it easy to sort things and make the room look neat.

**What will I try differently next time (Plan B)?**

It worked good. We wouldn't change things.

# GOAL-PLAN-DO-REVIEWWORKSHEET

<b>Name</b>	<b>Grade</b>	<b>Date</b>
Jamar Selmon	6th	09/10/2021

Use this worksheet to create a step-by-step plan to meet a goal and review the outcome.



## GOAL

### What do I want to accomplish? Why?

I want to have more friends. My best friend moved away over the summer and most of my friends from elementary school go to a different middle school than me.



## PLAN

### How will I reach my goal? What steps do I need to take?

- ✓ 1. There are a bunch of nice kids in my class who play games together online. One of them asked me to play sometime. I think I could ask one of them to hang out after school.
- ✓ 2. The teacher reminded us of the after school clubs and told us we could start are own club if we find at least one other person to join. I might start a fish club since I have a saltwater aquarium.
- ✓ 3. I am pretty good at chess so will start with checking out the chess club, then maybe try to ski club this winter.
- ✓ 4. I missed cross country this fall but will try out for track this spring.
- ✓ 5. Once I make some friends, I will ask my parents if I could have some kids over for a bonfire and sleepover.

### What materials and support do I need to reach my goal?

- ✓ 1. I need to talk my parents into a new PS4 and some credits so I can get some cool skins for gaming.
- ✓ 2. Courage. Talking to new people makes me nervous and what if they laugh at me
- ✓ 3. The clubs cost money so will ask my parents to help by giving me some money.

**PREDICTION: How long will it take for me to reach my goal?** ? I have no idea but hopefully not long

**Will I need a Plan B?**

✓ Yes ☐ No



## DO THE PLAN

✓ Plan complete



## REVIEW

**How long did it take for me to reach my goal?**

3 weeks

**How much did I get done? Did I get it done on time?**

It worked. I made two new friends that came over to my house and was invited to a birthday party for a kid in my gaming group.

**What worked?**

Trying new things and putting myself out there

**What will I try differently next time (Plan B)?**

I'm getting the laser cannon so I can beat Justin next time we game

# GOAL-PLAN-DO-REVIEWWORKSHEET

Name	Grade	Date
Caleb Gray	7th	04/13/2021

Use this worksheet to create a step-by-step plan to meet a goal and review the outcome.



## GOAL

**What do I want to accomplish? Why?**

Finish today's 3 homework assignments. Keep my grades up so Dad will let me go dirt-biking this weekend.



## PLAN

**How will I reach my goal? What steps do I need to take?**

- ✓ 1. Write down my assignments. 1. Math problems (20 min) 2. Social Studies Ch. + Qs (20 min +10 min) 3. Art project—sketch chair (15 min)
- ✓ 2. Break them down into steps
- ✓ 3. Guess amount of time to finish each one
- ✓ 4. Put in backpack when finished (so I don't forget it)
- ☐ 5.

**What materials and support do I need to reach my goal?**

- ✓ 1. Do in quiet room, no TV or sister to distract me
- ✓ 2. Need math book, social studies book + paper, sketch pad, pencil
- ✓ 3. Timer on phone

**PREDICTION: How long will it take for me to reach my goal?** 65 min

**Will I need a Plan B?**

☐ Yes    ✓ No



## DO THE PLAN

✓ Plan complete



## REVIEW

### How long did it take for me to reach my goal?

(75 min) Math—18 min. SS—read 25 min. Q's—17 min. Art—15 min.

### How much did I get done? Did I get it done on time?

Got it all done but it took longer

### What worked?

Being in quiet room helped, away from distractions. Timer helped me to stay on track, but it also made me nervous.

### What will I try differently next time (Plan B)?

Maybe do art project in between Math + SS—my brain hurt after doing both. Give myself more time.

# GOAL-PLAN-DO-REVIEWWORKSHEET

Name	Grade	Date
Jonathan Schwartz	7th	09/05/2021

Use this worksheet to create a step-by-step plan to meet a goal and review the outcome.



## GOAL

### What do I want to accomplish? Why?

I would like to make the 7th Grade boys basketball team. I want to do this because I love basketball and think it would be a good way to spend time with my friends who are also trying out for the team.



## PLAN

### How will I reach my goal? What steps do I need to take?

- ✓ 1. Get parent permission form signed and sign up for the tryouts.
- ✓ 2. I need to improve my free throw shooting.
- ✓ 3. I need to improve my defensive skills and rebounding.
- ✓ 4. I need to improve my jump shot.
- ✓ 5. I need to get into better shape

### What materials and support do I need to reach my goal?

- ✓ 1. Ask parents for a rebounding bounce back net so I can get more shooting in when I practice
- ✓ 2. I need to shoot at least 50 free throws a day
- ✓ 3. I need to start running (long distance and sprints) My goal is to be able to run 2 miles in 12 minutes and increase my sprinting speed.

**PREDICTION: How long will it take for me to reach my goal?** 60 minutes a day at least 6 days a week

**Will I need a Plan B?**

☐ Yes    ✓ No



## DO THE PLAN

✓ Plan complete



## REVIEW

**How long did it take for me to reach my goal?**

as expected

**How much did I get done? Did I get it done on time?**

I was able to make my goal about 90% of the time but sometimes I had to do my homework instead. :(

**What worked?**

I made the team. Now I want to be a starter!

**What will I try differently next time (Plan B)?**

Practice my 3 point shot :)

# GOAL-PLAN-DO-REVIEWWORKSHEET

Name	Grade	Date
Addison Brown	10th	10/27/2021

Use this worksheet to create a step-by-step plan to meet a goal and review the outcome.



## GOAL

**What do I want to accomplish? Why?**

I want to get a 90% or higher on my Geometry final next week. I didn't do well on the last test and need an A on this one to get a B for my overall first quarter grade.



## PLAN

**How will I reach my goal? What steps do I need to take?**

- ✓ 1. I need to study for at least 30 minutes every day until the exam
- ✓ 2. I will go to my teacher's classroom at least twice to work on practice items for the test
- ✓ 3. I will go to the teacher's test review session the day before the exam
- ✓ 4. I will use my study hall time to go to the math lab at least twice to work with the student mentors.
- ☐ 5.

**What materials and support do I need to reach my goal?**

- ✓ 1. Dedication because I really don't like geometry at all
- ✓ 2. Extra practice items from the teacher
- ✓ 3. Confidence that I can do this stuff :)

**PREDICTION: How long will it take for me to reach my goal?** 7-8 hours

**Will I need a Plan B?**

☐ Yes    ✓ No



## DO THE PLAN

✓ Plan complete



## REVIEW

**How long did it take for me to reach my goal?**

7 hours

**How much did I get done? Did I get it done on time?**

I missed going to one of the math labs because I had to finish an English paper

**What worked?**

What worked? The plan worked. I got a 89 on the test and the teacher curved it up to an 92. I can't believe Allison got a 97! :(

**What will I try differently next time (Plan B)?**

I was pretty happy with the results. I just need to remember what it took to do well this time.