A child doesn’t understand why Mom is sad

Being a parent is hard enough, but when coupled with a condition like depression, it can cause severe stress. Ensure you have the tools to help families. The Parenting Stress Index, Fourth Edition (PSI-4) was designed to examine the extent of stress in the parent–child relationship.

Learn more at parinc.com/PSI4
Evaluates the magnitude of stress in the parent–child relationship

- Features 120 self-report items that evaluate three major domains of stress: child characteristics, parent characteristics, and situational/demographic life stress.
- Focuses on stressors unique to the parent–child relationship, including daily hassles, dependency, and societal expectations.
- Includes normative data organized by each year of the child’s age (ages 1 month to 12 years).
- Provides percentiles and T scores.
- Revision features improved psychometric characteristics of subscales and domains and updated item wording while retaining original test structure.
- Revision features improved cultural sensitivity of item language.
- Validity scale indicates whether a parent is responding defensively.
- Serves as a screening measure to identify issues that may lead to problems in the child’s or parent’s behavior.
- Available short form (PSI-4-SF) features 36 items drawn from the full-length form divided into three domains (Parental Distress, Parent–Child Dysfunctional Interaction, and Difficult Child).
- Administration and scoring options include paper and pencil, online via PARiConnect, or digitally using the PSI-4 Software Portfolio.

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Note: Prices subject to change.