



# A child doesn't understand why Mom is sad

Being a parent is hard enough, but when coupled with a condition like depression, it can cause severe stress. Ensure you have the tools to help families. The Parenting Stress Index, Fourth Edition (PSI-4) was designed to examine the extent of stress in the parent-child relationship.



Learn more at [parinc.com/PSI4](https://parinc.com/PSI4)

**Purpose** Identifies parent–child problem areas

**Age** Parents of children ages 1 month–12 years

**Format** Paper and pencil; online administration and scoring via PARiConnect; software

**Time** PSI-4: 20 minutes to administer, 5 minutes to score; PSI-4-SF: 10 minutes to administer, 5 minutes to score

**Qual** B or S

**PARiConnect**

**PAR TRAINING PORTAL**

## Evaluates the magnitude of stress in the parent–child relationship

- Features 120 self-report items that evaluate three major domains of stress: child characteristics, parent characteristics, and situational/demographic life stress.
- Focuses on stressors unique to the parent–child relationship, including daily hassles, dependency, and societal expectations.
- Includes normative data organized by each year of the child’s age (ages 1 month to 12 years).
- Provides percentiles and *T* scores.
- Revision features improved psychometric characteristics of subscales and domains and updated item wording while retaining original test structure.
- Revision features improved cultural sensitivity of item language.
- Validity scale indicates whether a parent is responding defensively.
- Serves as a screening measure to identify issues that may lead to problems in the child’s or parent’s behavior.
- Available short form (PSI-4-SF) features 36 items drawn from the full-length form divided into three domains (Parental Distress, Parent–Child Dysfunctional Interaction, and Difficult Child).
- Administration and scoring options include paper and pencil, online via PARiConnect, or digitally using the PSI-4 Software Portfolio.

### Kits

FLYS-10265-KT	PSI-4 Introductory Kit .....	<del>\$420 VALUE</del> .....	\$365
FLYS-10266-KT	PSI-4-SF Kit .....	<del>\$267 VALUE</del> .....	\$223

### Manuals, books, and equipment

FLYS-10267-TM	PSI-4 Professional Manual .....		\$128
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### Forms and booklets

FLYS-10268-TB	PSI-4 Reusable Item Booklets (pkg/10) .....		\$119
FLYS-10269-AS	PSI-4 Answer Sheets (pkg/25) .....		\$128
FLYS-10270-PF	PSI-4 Profile Forms (pad/25) .....		\$45
FLYS-10271-TB	PSI-4-SF Record/Profile Forms (pkg/25) .....		\$139
FLYS-10369-TB	PSI-4 Software Item/Response Booklets (pkg/25) .....		\$99
FLYS-10370-TB	PSI-4-SF Software Item/Response Sheets (pad/25) .....		\$74
FLYS-10605-TB	PSI-4-SF Spanish Record/Profile Forms (pkg/25) .....		\$139

### Software

FLYS-10273-DL	PSI-4 SP–Download .....		\$1,196
FLYS-10274-DL	PSI-4 Counter Serial Number (25 Administrations)–Download .....		\$168
FLYS-10275-DL	PSI-4 Counter Serial Number (50 Administrations)–Download .....		\$334
FLYS-10276-DL	PSI-4-SF Counter Serial Number (25 Administrations)–Download .....		\$135
FLYS-10277-DL	PSI-4-SF Counter Serial Number (50 Administrations)–Download .....		\$272

### Available on PARiConnect

FLYS-10428-IC	PSI-4 i-Admins (minimum/5) .....		\$5.20 each
FLYS-10429-IS	PSI-4 Score Reports (minimum/5) .....		\$3.50 each
FLYS-10430-II	PSI-4 Interpretive Reports (minimum/5) .....		\$7.00 each
FLYS-10431-IC	PSI-4-SF i-Admins (minimum/5) .....		\$3.80 each
FLYS-10432-IS	PSI-4-SF Score Reports (minimum/5) .....		\$1.50 each
FLYS-10433-II	PSI-4-SF Interpretive Reports (minimum/5) .....		\$4.70 each
FLYS-12015-IC	PSI-4-SF Spanish i-Admins (minimum/5) .....		\$3.80 each

*Note: Prices subject to change.*