



Better prognosis with a p-factor built on the pillars of the three-factor model

The **SPECTRA** is unique among existing assessment instruments in that it measures psychopathology at three levels of specificity *and* provides an estimate of overall psychopathological burden—the p-factor.



Learn more at parinc.com/SPECTRA

Purpose Measures psychopathology quickly

Age 18 years and older

Format Paper and pencil; online administration and scoring via PARiConnect

Time 15–20 minutes

Qual C

PARiConnect

A quick measure of psychopathology

The SPECTRA is a brief, self-administered, multiscale measure of psychopathology and functioning based on the quantitative (three-factor) model of psychopathology.

- The SPECTRA stands out as a low burden (96 items), psychometrically sound tool that not only maps on to *DSM-5*® conditions but also links assessment findings to the expanding quantitative model research literature.
- The SPECTRA is the only instrument based exclusively on psychopathological (quantitative model) research.
- The SPECTRA is unique among existing assessment instruments in that it measures psychopathology at three levels of specificity.
- These are divided into three sets of four scales each that compose the three spectra: Internalizing, Externalizing, and Reality-Impairing.
- The three spectra combine to form a general factor called the General Psychopathology Index (GPI), which provides a measure of total psychopathology burden.
- The SPECTRA measures psychopathology at three levels, allowing clinicians to gather information on a wide range of psychiatric conditions.
- The SPECTRA is versatile. It can serve as a primary or supplemental measure across a broad range of clinical and research settings.
- A white paper provides a hierarchical–dimensional assessment of psychopathology. Includes a free hierarchical interpretation worksheet! Visit parinc.com/SPECTRA to download.

SPECTRA Spectrum and Clinical Scale Structure

Internalizing spectrum	Externalizing spectrum	Reality-Impairing spectrum
Depression	Alcohol Problems	Psychosis
Anxiety	Severe Aggression	Paranoid Ideation
Social Anxiety	Antisocial Behavior	Manic Activation
Posttraumatic Stress	Drug Problems	Grandiose Ideation

Kits

FLYS-11282-KT SPECTRA Introductory Kit ~~\$280 VALUE~~ \$212

Manuals, books, and equipment

FLYS-11285-TM SPECTRA Professional Manual (includes Fast Guide)..... \$69

Forms and booklets

FLYS-11286-TB SPECTRA Reusable Item Booklets (pkg/5) \$34

FLYS-11287-RF SPECTRA Response Booklets (pkg/25) \$69

FLYS-11288-PF SPECTRA Score Summary/Profile Forms (pkg/25)..... \$69

FLYS-11289-RF SPECTRA Data Entry Item/Response Booklets (pkg/25)..... \$69

Available on PARiConnect

FLYS-11294-IC SPECTRA i-Admins (minimum/5)..... \$3.50 each

FLYS-11295-IS SPECTRA Score Reports (minimum/5)..... \$3.50 each

Note: Prices subject to change.