



“Do not go where the path  
may lead; go instead  
where there is no path  
and leave a trail.”

—*Ralph Waldo Emerson*

# Life is all about making choices

The Trails-X assesses both executive planning skills and  
efficient decision making in less than 10 minutes.

**Trails** → X™

Learn more at [parinc.com/TrailsX](https://parinc.com/TrailsX)

**Purpose** Assesses adaptive planning and executive function through an innovative trail-making task

**Age** 8 to 79

**Format** Paper and pencil

**Time** 5-10 minutes

**Qual** C

## Understand how individuals adapt and problem solve

- Features an innovative take on the traditional trail-making task that includes additional executive function demands.
- Requires examinees to connect circles of alternating colors with no designated start or end point.
- Removes the requirement of numeracy and literacy as there is no need to be able to recognize letters or numbers, making this a language-free and culturally fair test.
- Circles are yellow and blue, as they are colors that are least likely to be problematic for individuals who are colorblind.
- Trails are scored by the number of correctly connected circles and the time spent on each trail. Taken together, these scores create a Total Matrix score, which summarizes performance.
- Percentile ranks, cumulative percentages, reliable change, and optional scores are also available.
- Standardized on a sample of 732 individuals drawn from a population-proportionate sampling plan based upon U.S. Census data.
- The alpha coefficient for the standardization sample was .76 and .85 for the combined clinical sample.

### Kits

FLYS-11388-KT Trails-X Introductory Kit ..... ~~\$187 VALUE~~ ..... \$169

### Manuals, books, and equipment

FLYS-11389-TM Trails-X Professional Manual (includes Fast Guide) ..... \$49

### Forms and booklets

FLYS-11392-RF Trails-X Response Forms (pkg/25) ..... \$79

FLYS-11393-RF Trails-X Record Forms (pkg/25) ..... \$59

*Note: Prices subject to change.*