

Help Students Identify **Their Inner Strengths**



A strengths-based tool to measure social-emotional assets in children and adolescents.

Focusing on a child's strengths, the **Social Emotional Assets and Resilience Scales™** (SEARS) can be used with children and adolescents who exhibit a variety of clinical problems or who are at high risk for developing such problems.



SEARS

PURPOSE Assess positive social-emotional attributes of children & adolescents

AGE 5–18 years

FORMAT Paper and pencil; online administration & scoring via PARiConnect

TIME 20 minutes

QUAL B



Identify strengths on which to build interventions.



SEARS SHORT FORMS

SEARS short forms best reflect the global construct of social resiliency measured by the full-length rating forms and require very little time to administer.

Practical for repeated assessment (i.e., progress monitoring) or class- or school-wide screening of students, **the short forms only take approximately 5 minutes to complete.**

FEATURES AND BENEFITS

- Comprises a cross-informant system for measuring social-emotional competencies such as friendship skills, empathy, interpersonal skills, social support, problem solving, emotional competence, social maturity, self-concept, self-management, social independence, cognitive strategies, and resilience.
- Higher item, scale, and total scores are always indicative of perceptions of higher levels of social-emotional competence.
- Includes separate assessment forms for children (ages 8 to 12 years or Grades 3 to 6) and for adolescents (ages 13 to 18 years or Grades 7 to 12), as well as teacher report forms and parent report forms. The forms may be used for any combination of student, parent, and teacher assessment.
- All forms measure common constructs (e.g., self-regulation, responsibility, social competence, empathy), but also include items designed to capture the unique perspective of the rater. Items are phrased as desirable positive characteristics.